



# Specialty Rx

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# Outline

- Why discuss Specialty Drugs?
- What you can do to ensure Specialty Drugs are used appropriately
  - Identifying the Extent of Use
  - Eliminating Inappropriate Use
  - Eliminating Inappropriate Dosing
  - Preventing Duplicate Payment
  - Verifying Coverage





## Why discuss Specialty Pharmacy

- Most Specialty Pharmacy is running through pharmacy benefit
- PBMs are managing that spend for nearly all employer groups
- Good business practice to ensure those dollars are being managed appropriately
  - Fox guarding the hen house

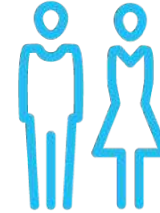
# Identifying the Extent of Use

- What is specialty?
  - There is no single “definition”
    - Expensive
    - Used in Rare Diseases
    - Filled by a Specialty Pharmacy
- How to identify specialty?
  - Rely on PMB Definitions
  - Sort by cost
  - Clinical Input from Clinical Pharmacists
- KNOW YOUR DATA!
  - Utilize your data to address areas of concern and plan potential actions



# Eliminating Inappropriate Use

- What is “Inappropriate Use?”
  - Used for a non-approved medical condition
  - Used in inappropriate patients (wrong gender/age)
- How to identify inappropriate use?
  - Compare specialty pharmacy claims to diagnosis in medical claims
  - Review gender and ages of patients using certain types of specialty drugs designed only for specific age/gender groups
- KNOW YOUR DATA!
  - Utilize your data to address areas of concern and plan potential actions





# Identifying Inappropriate Dosing



- What is “Inappropriate Dosing?”
  - Medications are FDA approved for:
    - Specific dose ranges (minimum and maximum dose)
    - Specific dosing intervals (number of doses per day/week/month)
    - Specific durations
- How to identify inappropriate dosing?
  - Review quantity/day amounts
  - Review durations of therapy
- KNOW YOUR DATA!
  - Utilize your data to address areas of concern and plan potential actions

# Identifying Duplicate Payment

- What is “Duplicate Payment?”
  - Site of service can reduce costs
    - Specialty drug dispensed at a more affordable site of care (pharmacy dispense vs. medical claim)
    - Since Rx and Medical fall in “two worlds” it is possible to be double billed
- How to identify duplicate payment?
  - Compare PBM data (pharmacy) with medical claims
- KNOW YOUR DATA!
  - Can identify potential refunds and waste



# Avoiding OHI Errors

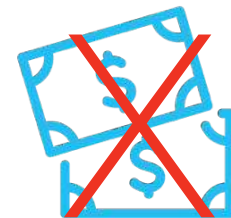
- What is “OHI?”
  - OHI stands for Other Health Insurance
    - Patients should use their primary insurance
    - Secondary insurance is there to pick up copays
- How to identify OHI errors?
  - Ensure your PBM has a way to flag patients who have OHI
  - Compare specialty claims on patients who have OHI
- **KNOW YOUR DATA!**
  - Utilize your data to address areas of concern and plan potential actions





# Action Items

- Extent of Use
  - Find out what specialty meds need to be addressed first by analyzing your data
- Eliminating Inappropriate Use
  - Have prior authorizations (PAs) in place restricting use to FDA approved indications
  - Audit PAs performed by outside parties (PBMs, PA Review Consultants, etc.)
- Eliminating Inappropriate Dosing
  - Establish quantity limits on specialty meds
  - Have appropriate end dates for PAs
- Eliminating Duplicate Billing
  - Compare pharmacy and medical claims data
- Avoiding OHI Errors
  - Flag members insured as secondary to have pharmacy claims adjudicate for copays only after primary has paid



# Thank you.



# Q&A

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